

MARIA SAUKHINA

Interdisciplinary artist | Performance, moving image, photography, painting and material installation

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Maria Saukhina is a London-based interdisciplinary artist whose practice explores the body as a carrier of experience and as a material through which tension, vulnerability, dependence and transformation become visible. Working across performance, moving image, photography, painting and material installation, she uses aerial fabric as both support and constraint. Movement is translated into image, trace and physical residue through long-exposure photography, bodily imprints, falling ink, stretched fabric and painted surfaces.

SELECTED EXHIBITIONS AND PERFORMANCE

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| 2026 | A Way of Recording Inner Life
Group exhibition of contemporary photography and painting Avivson Gallery London, UK 16-23 October 2026 |
| 2026 | [Not] a Fairy Tale
Group exhibition; moving-image work presented Curated by Alexandra Orlova Glasgow, UK |
| 2026 | Abstract International Exhibition 2026
International online group exhibition No.35 Gallery Three works selected |
| 2026 | How to Heal a Heart?
International group exhibition Versus Arts London, UK Curated by Darico Hasaya |
| 2026 | Becoming Image
Closed performance and documentation session National Centre for Circus Arts, Creation Studio London, UK |
| 2025 | Body / Image
Self-organised creative laboratory Kaliningrad, Russia |
| 2024 | Weight of Air
Closed performance and photography session Kaliningrad, Russia |
| 2023 | Open Air
Self-organised outdoor creative gathering and open practice Blue Lakes, Kaliningrad Region, Russia |

AWARDS AND SELECTIONS

- 2026 Nominated Artist
Abstract International Exhibition 2026 | No.35 Gallery
- 2017 First Place - Baltic Air Star
Aerial Hoop, Semi-Professional Category | Kaliningrad, Russia

SELECTED PRESS AND LISTINGS

- 2026 LondonTV
London Artists Turn Aerial Silks into Live Visual Installation |
Feature on Becoming Image
- 2026 ArtRabbit
Becoming Image | Project listing | London, UK

PROFESSIONAL MEMBERSHIPS

- 2026- Artist Member
Kindred Studios | London, UK
- 2025- Open Training Member
National Centre for Circus Arts | London, UK
- 2026- Professional Member
Axis | UK

EARLY PERFORMANCE PRACTICE

- 2018-22 Founder - Balance Aerial Gymnastics Club
Kaliningrad, Russia
- 2019 Aerial Performance
Adrenalin Radio Show Anniversary | Kaliningrad, Russia
- 2019 Organising Team / Event Support
North-West Federal District Qualifying Tournament in Aerial Athletics | Kaliningrad, Russia

EDUCATION

- 2024 MSc Psychology, Merit
University of Stirling | Scotland, UK
- Fine Art Training - Painting
Kaliningrad Tchaikovsky School of Arts | Kaliningrad, Russia