



Lauren Saunders is a multidisciplinary visual artist and researcher working collaboratively with people and place to explore human and more-than-human relationships within the context of the climate crisis. Her practice integrates drawing, sculpture, print, installation and participatory work, shaped by ongoing research into environmental ethics, folklore and regenerative practice.

Working through lenses of class, feminism and disability, Lauren develops accessible, place-responsive projects that foster ecoliteracy, creative climate engagement and community connection. She is a self-motivated and dependable practitioner with a strong track record of delivering high-quality commissions across healthcare, education and community settings.

Alongside her independent practice, Lauren is Co-Director of The Critical Fish, Arts Lead for Hull & East Riding Friends of the Earth, and an active designer and performer with Hull Musical Theatre Company.

## Exhibitions

### 2026

Mycodarium *Pier St Pop-Up Hull*  
 The Shape of Acceptance *Hull Central Library*  
 Existence is Resistance *Ground Gallery, Hull*  
 Top of the Stairs *Malet Lambert Hull*  
 Freedom:Online *Freedom Festival Hull*

### 2025

Beverley Art Open *Treasure House Beverley*  
 The Critical Fish Trail *Pier St Pop-Up Hull*  
 Warm The Outside Pool Up *HARI Hull*  
 Cannons, Crown and Clover *Pier Street Hull*  
 UNFOLDED *Brynmor Jones Gallery Hull*

### 2017- 2024

UNFOLD *Pier Street Hull*  
 What We Do *87 Gallery Hull*  
 seeds of change (MA Show) *Prospect Gallery Hull*  
 Where the Beings Are (The Movie) *Freedom Fest Hull*  
 Where the Beings Are [Public Art] *YWT Garden Hull*  
 Land Empathy Development Lab *HARI Hull*  
 Practice in Place *Humber Street Gallery Hull*  
 Drawing Breath (solo) *16 Humber Street Hull*  
 Thoughtful Planet 3 *Thought Foundation Birtley*  
 Ones To Watch *Sunny Bank Mills Leeds*  
 Littoral Vistas *Hull Central Library*  
 Ten Degrees; Fine Art BA (Hons) Show *HSAD Hull*  
 Artist Takeover *Queen's House Hull*  
 Fountain17 British Ceramic Biennial  
*Gladstone Pottery Museum Stoke-on-Trent*

## Creative Community Practice

### Ongoing

The Critical Fish [2018+] *UK*  
 Arts Lead [2023+] *Hull Friends of the Earth*  
 Arty Bods [2025+] *Absolutely Cultured*

### 2026

TRANSECTS *Humber Region | Orkney University*  
 Tree Stories *HERFoE, East Yorkshire*  
 Queer Mycology Lab *Uni of Leeds, Hull*  
 Entangled *Uni of Leeds, Hull*

### 2025

Going With The Flow *ReWilding Youth/Critical Fish, Hull*  
 Agents of Change *Thorseby Primary/87 Gallery, Hull*  
 A Mermaid's Tale *Uni of Hull / Hull Libraries*  
 For The Love Of... *HERFoE*

### 2020-24

CloverLore *Hull Maritime*  
 Sh\*t Beach *HERFoE, Hull*  
 Land of Promise *Rights Community Action*  
 Hull on the Change [Panel Discussion] *Ferens Art Gallery*  
 The Room *Our Big Picture Grimsby*  
 Faces of Me *87 Gallery / Peel St Project Hull*  
 Kaleidoscope Festival *Thorseby Primary/87 Gallery, Hull*  
 Riverspeaking *Hull Maritime*  
 ReEnchanted / Where the Beings Are  
*Shorelines / Rights Community Action /*  
*Hull Friends of the Earth / Yorks Wildlife Trust*  
 14-16 Fish Zine Media Project *Hull College*  
 Access & Inclusion in the Arts *Absolutely Cultured Hull*  
 ReWild: A Space to Be *Scarborough Art Gallery*  
 Spirituality and Mental Health *NICE Hull*  
 Building Research Culture *Leeds Art University*  
 Building Research Culture *Leeds Arts Uni*  
 The Creatives Directory *Hull City Council*  
 Garden Explorers *Hull Culture and Leisure*  
 Monet in Mind *Ferens Art Gallery*  
 Digital Inclusion *Artlink / 87 Gallery*  
 Fishbowl Conversations *Absolutely Cultured*  
 Postbooks *Heads Together*  
 'What Matters To Me?' (Recovery Strategy)  
*Humber NHS Foundation Trust*  
 Bags of Creativity *IVE / Hull LCEP*

*Plus regular creative workshop facilitation on behalf of local cultural institutions, such as Absolutely Cultured, Artlink/87 Gallery, The Critical Fish, Mary Wollstonecroft Society, HEY Volunteers, The Warren, The HERD Theatre and Hull Musical Theatre Company.*

## Residencies

2026

TRANSECTS *Humber Region | Orkney University*  
Creative Leven *Leven Library*  
Generation Hull *Malet Lambert Hull*

2025

Interwoven *Fly Away Rugs Hull*  
AAZA *York St John University*

2024

RE:View *HARI Hull*  
Connection *A Little Piece of Land*  
Broad Sailing *Norfolk*

2020 - 23

The Art House *Wakefield*  
RE:Locate *HARI Hull*  
The Ideas Hub *Wellcome Trust London*  
Emergence *Tate Modern / Exchange London*  
Shape Arts Online Takeover Residency *Online*

## Prizes and Awards

2024 May Elliot Memorial Award

2019 Yorkshire Artist Grant, Emergence Award

2018 David White Memorial Award, Roland Box Prize

2018 BCUR Posters in Parliament

## Other Creative and Community Contracts

2026

Tree Stories Lead Artist / Project Manager  
*Hull and East Riding Friends of the Earth*

Strategic Community and Partnership Officer  
*Hull Musical Theatre Company*

2025

Community Hub Officer  
*West Hull Community Hub*

Project Assistant

*Pickering Park Community Orchard*

2023

INTER\_CHANGE Coach / Support  
*Absolutely Cultured*

Artist Network Programme Manager  
*East Riding Local Cultural Education Partnership*

2022 - 23

Learning and Talent Development Manager  
*Absolutely Cultured, Hull*

2016 - 22

(Senior) Recovery College Practitioner  
*Humber NHS Foundation Trust, East Yorkshire*

## Relevant Training and CPD

2025

Class Acts Playwriting *Middlechild Hull*

2025

Permaculture Design Course *Small Things CIC*  
ReWilding Practice *Feral Art School*

2023

MA Creative Practice *Hull School of Art and Design*  
UNION23  
The Northern School for Creativity and Activism *UK*  
Crit Club: Ecology *EOP International*  
Leadership and Management Level 3 *ILM*  
Building People Power and Winning Campaigns  
*Friends of the Earth UK*

2008 - 2022

After Art *Laboratory of Insurrectionary Imagination*  
*Paris / UK / Online*  
Painting *Feral Art School Hull*  
Edward Jenner Leadership Award *NHS England*  
Digital Storytelling *NHS England*  
Languages of Editing  
*Imprints of the New Modernist Editing Liverpool*  
Fruit Factory Network *Humber Street Gallery Hull*  
UNION19  
The Northern School for Creativity and Activism *UK*  
Printmaking *Feral Art School Hull*  
Drawing Marathon *Royal Drawing School London*  
Fine Art BA Hons (1:1) *Hull School of Art & Design*  
Skills for Community Arts Working *Artlink Hull*  
Art Therapy Foundation *Northern Art Therapy NHS*  
Award in Education and Training *Hull College*  
Working Creatively with Children *Scrapstore Hull*  
Creative Arts Fd Degree (Merit) *Middlesex Uni*  
Art and Design Fd Diploma (Merit)  
*Camberwell / UAL London*

## Research and Publications

2025 - Regenerative Practices in Creative Collaboration with our More-than-Human Kin - *Unearthodox [online]*

2025 - A Mermaid's Tale: Exploring Water Heritage in the City of Hull *SeaVoice Online [online], Hull Uni Collaboration*

2024 - In Conversation with... *Insights of an Eco Artist [online]*

2023 - Artist Practice [Podcast] *Humber EcoFest / Unsee the Future*

2024 - Equitable Making with our More-Than-Human Kin *The Critical Fish [online]*

2024 - Curly Wurly Research Practice *The Critical Fish [online]*

2023 - Submissions *Times V:Solidarity [online]*

2023 - Ethical Art Making - Human:Non-Human Creative Collaborations *Self-published [online]*

2023 - The Geopoetics of Drawing *Critical Fish [online]*

2023 - Living Lines *Carbon Borders Voices [online]*

2020 - Genotin *Creeping Expansion [print]*

2020 - Emergence *Tate Exchange [print]*

2019 - Drawing inbetween the Lines *Critical Fish [print]*